



amos  trust

just walk to jerusalem
terms & conditions and
information





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just walk to jerusalem 2017

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Amos Trust is a small creative human rights organisation committed to challenging injustice, building hope and creating positive change. We work with vibrant grassroots partners around the world who develop local solutions to global issues. Our partners are the experts we learn from and collaboration is at the heart of all we do.

Our three areas of work currently focus on promoting the rights of street children, creating a just peace for Palestine and building sustainable rural communities in the face of climate change.

just walk

In 2017 it will be 100 years since the Balfour Declaration was signed, 50 years since the start of the occupation of the West Bank, Gaza, East Jerusalem and of the Golan Heights and 10 years since the beginning of the siege of Gaza.

Just Walk is our response to this moment in history. At the heart of Just walk are three simple ideas.

- **Rights**
We call for full equal rights for all who call the Holy Land (Palestine and Israel) home.
- **Action**
We call on the UK government to finally take the steps needed toward realising its 100-year-old commitment to ensure that Palestinians rights are realised.
- **Solidarity**
We walk in solidarity with Palestinians. While we celebrate our freedom of movement we also recognise the restrictions they face on a daily basis.



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The power of Just Walk lies in its simplicity. We are asking you to just walk, whether that be a few steps, a week's walk or all the way to Jerusalem, if you believe that Palestinian rights matter and are committed to justice and peace.

In order for the message we are communicating to remain clear, it is vital that all participants agree with the ideas at the heart of Just Walk and focus on these simple ideas when communicating why they are participating.

We hope that Just Walk will generate interest and discussion and we anticipate some opposition. We do not want the simple, positive ideas at the heart of the walk to be lost either in a maze of heated politics and interpretations of history or, worse still, mired in accusations of racism.

This is especially important when communicating with the media. There will be dedicated media spokespeople on the Walk, a media pack will be available for use and there will training on how to reply to people's questions.

By agreeing to these Terms and Conditions you are committing to support our communication strategy while taking part in Just Walk.

the practical stuff

Joining the walk

Change-over/rest days during the walk will be on Fridays.

The weekly outline for each walk section identifies the arrival/departure time, the city/town where the group will be on the arrival/departure date and the nearest public transport hub.

In-depth information about the progress of the walk and any amendments to the schedule will be posted online. However, in the week before joining the walk, it is essential that participants contact the Amos office, and the walk contact number, to confirm exactly where the group will be staying and when they anticipate arriving.



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All transport to the arrival point prior to joining the walk and from departure points once your walk section has been completed will be the participant's responsibility and are not included in the listed price.

Accommodation

Amos Trust will organise accommodation for each night of the walk section you have booked. The accommodation will vary from place to place according to what is available and may be in bed & breakfast establishments or dormitory style rooms in monasteries or similar institutions.

In exceptional circumstances, the group may have to camp. It will be clearly indicated if the section of the walk that you are booking includes the need to camp for any of the nights included in that section. We will supply tents where required.

We cannot guarantee the accessibility of the accommodation that we will be using.

The participant is responsible for arranging any accommodation they need before joining the walk and after the walk section has finished.

Food

Amos Trust will provide breakfast, packed/sandwich lunch and dinner for the group during walk sections (unless you have dietary requirements we are unable to meet). Any additional snacks or drinks will be at the participant's discretion and cost.

Kit list, luggage and support vehicle

A recommended kit list will be by the end of March. It is essential that people do not bring excessive equipment as space will be limited in the support vehicle and a guide weight will be posted with the kit list.

The support vehicle will ferry luggage from each days starting accommodation to that day's finishing point. Whenever possible the vehicle will be available to pick up and transport people who are, for whatever reason, struggling with a days walk or need to rest for a day.



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The walk is not an endurance challenge and people need to be responsible for their own wellbeing. We very much hope that the designated driver will be able to enjoy the journey and people should not rely on the van being available as and when they need it, except in emergencies and when there are injuries.

Participants will need to carry their own day bag and will be responsible for carrying their own water, packed lunch, first aid kit, suntan cream, insect repellent, directions/maps and key information sheet (provided to each participant at the start of each section), spare clothes and head wear. When possible the van will rendezvous with the group at an agreed meal point, however, this will not always be possible.

The route

There will be a designated walk leader for each section/week of the walk. Please could experienced walkers notify us if they are willing to assist in this role? Simply email us at justwalk@amostrust.org

The group is likely to become strung out over the course of the day and it will be the walk leaders responsibility to decide when it is necessary for people to stay in closer proximity and when this is not necessary.

While much of the walk is clearly marked, particularly along the Via Francigena, each participant must carry day maps and directions for that day's walk. Most of these will be available from existing guidebooks.

For the Via Francigena Alison Raju's two guide books, the first 'From Canterbury to the Great St Bernard Pass', and the second, 'From the Pass to Rome', are both published by [Cicerone](#) and we recommend that people purchase these if they are doing multiple stages or wish to know more.

payment

Payments for weekly bookings

When you make your booking, you will pay the listed deposit per person, per walk section booked, to reserve your place(s) subject to availability.



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Once your place is confirmed, we will send you an invoice confirming your outstanding balance together with a form for us to collect essential information and instructions on how to pay your balance.

Please make sure that your payments reach us on or before 8th May 2017. We will send you email reminders beforehand with links to make payments online via credit/debit card or Paypal.

You can also pay by cheque (payable to 'Amos Trust' and posted to the address below), or over the phone to the Amos office on 0207 588 2638 during normal working hours. However, as it is a complex logistical effort, if you could pay online via our 'Just Shop' and through our Paypal links, we would be very grateful.

Please note we will not be offering half weeks or 2-3 day options as packages. Please see our 'Occasional days and others joining in' section on page 7.

Payments for those doing the full walk

For those looking to complete the full walk we will require a deposit of £1,000. We will then contact you to discuss your participation further and agree to a payment schedule for subsequent payments.

We are aware that many participants in this category will need to fundraise for the trip, as the price we have calculated for the 147 days of the walk is £8,000. This includes transfers from Ancona to Durres and from Istanbul to Amman but not your return flight home.

We are aware that this is substantially more than the price we originally indicated but reflects the additional days, changes to exchange rates and availability of accommodation.

fundraising

People taking part in Just Walk do not need to carry out any fundraising, however, we are aware that many of you will want to or need to, to cover your costs or to raise money for Amos' partners in Palestine.



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You can find loads of fundraising ideas in our [Palestine Fundraising Pack](#) – however, you may also wish to discuss it further with our fundraisers Katie and Azey who can be contacted at fundraising@amostrust.org

We are currently identifying source bursary funds for young people undertaking all or part of the walk and will communicate these on request.

As part of Just Walk, we are looking to secure funds for our partner organisations working in Palestine with young people and children. Many of these will be involved in the last week of the walk and we want to secure funds to enable them to work with us so that we can find creative ways to capture calls from young Palestinians to the UK and other Governments. These will be calls for the future they deserve where they can enjoy full equal rights in their homeland.

occasional days and others joining in

If you, or friends and others you know, would like to join us for 1 or 2 days of the walk, or if you are staying somewhere nearby where it is passing and can arrange your own logistics, then you will be very welcome to join us. You will need to organise all of your own accommodation. Where we will be each day will be [published on our website](#). We will post daily start times and locations on the [Just Walk Facebook page](#).

We also hope that people from the communities we are walking through will join us for different sections.

fitness and planning your participation

Walking 20–30 km's a day is an arduous walk. To do this for 6 days in a row over varying terrain is similar to running 4 marathons in a week. To do this for 6, 8 or 12 weeks is very difficult. You will need to do practice walks and record them in a walking diary.



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We strongly recommend that you join us for the practice weekend in Cambridge on the weekend of **17th-19th March 2017**, when preparation, training, map reading, foot, joint and muscle care routines will be discussed alongside some long walks. Further details of the weekend and booking instructions will follow.

insurance, health care and first aid

All participants will need to be insured. For people doing weekly sections, you will need to secure your own insurance, details of which will need to be sent to Amos before commencing the walk.

Amos is currently discussing if we can offer coverage with an insurance broker (at cost), for those doing over half of the walk. Those from Europe who are walking across Europe will need to bring a European health insurance card.

first aid

Qualified emergency aid

First aiders will be present on each stage of the trip. Please notify us if you are a qualified first aider. If you are doing half of the walk or more and would like to undertake first aid training, please do contact us.

visas for non-europeans

Amos Trust is happy to provide letters of support for non-Europeans for those who may require visas to travel to/walk across any part of the route. We will not be able to provide further assistance with any visa applications.



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the last week in palestine

The core group of walkers who are doing the entire walk will fly from Istanbul to Amman in Jordan on Sunday 22nd or Monday 23rd of October. They will then walk for two days to the Allenby Bridge.

They will then cross through Jordanian, Israeli and Palestinian border controls and enter the West Bank. There is a reasonable chance that they will be denied entry.

Other walkers will be able to join us in Amman and if you are keen to do this then please contact justwalk@amostrust.org – but we suggest that instead, you join the walk in Jericho on Thursday 26th October as advertised.

cancellation

Cancellation by Amos Trust

If Amos Trust cancels or declines an application, we will issue a full refund of all monies paid.

Cancellation by participant

If you need to cancel your place after your confirmation has been received, please let us know as soon as possible.

refunds

Over 1 month before your departure date

Other than in exceptional circumstances, the deposit is non-refundable. If a participant wishes to transfer their involvement to a different week, we will seek to transfer the deposit payment so that it covers your new chosen week. However, this may not always be possible.

Less than 1 month before departure date

Amos will seek to refund any sums of money (other than the deposit), that has not already been spent.



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