

Tanzania 2020

Saturday 25 July to Monday 03 August 2020

The Booking process

Thank you for your interest in joining this trip. Please follow these steps to book your place:

Fully complete and submit the trip booking form.

- Each and every participant needs to complete a form.
- You will be asked to confirm you have read and understood the essential information given below during form completion.

Once you have submitted your booking form you will receive an email from us confirming we have your information. This email will include two links which you will need to follow to complete the booking process.

- The first link will take you to a payment page to pay the deposit for the trip.
- The second link will take you to a code of conduct form which every participant needs to accept.

Once we have received the details from your form, your deposit payment, and your acceptance of the code of conduct we will add your name to the list of trip participants.

Note that we only have a small number of spaces available so please complete your form immediately to avoid disappointment.

We may contact you for further clarification in response to the information you give on your booking form.

Essential Information

How much does the trip cost?

- £800 per person (flights not included)

What is included in the price?

- Accommodation (based on sharing a twin or double room)
- All meals
- Group transport within Tanzania
- Local translators and tour guides
- Entrance fees to national parks & donations our host organisation
- Tips to accommodation, translators, guides and drivers

What is not included in the price?

- Flights
 - Participants will need to book their own flights for this trip because of the likelihood of many people adding on extra time for their own travel. You will need to arrive in Mwanza by Sunday 26th July.
 - Please allow plenty of time for your journey; often the internal flights from Dar Es Salaam to Mwanza can be rescheduled or delayed at short notice. Our last day of activities will be Saturday 1st August, so from Sunday 2nd August you will be free to fly home or on to your next holiday destination.
 - In terms of weather and wildlife, July and August are some of the best months of the year for a safari in the [Serengeti National Park](#). It is also the perfect time of year to visit the island of [Zanzibar](#) which is only a few hours away, so it's a great opportunity to add time on to your trip and make the most of beautiful Tanzania.
- Travel to/from UK airport
- Personal travel insurance (you need to obtain your own.)
- Tanzania entry visa (see below)
- Inoculations (see below)
- Hot drinks (apart from with breakfast at the accommodation), all alcoholic and soft drinks
- Bottled water.

What is the itinerary?

- The full detailed itinerary will be finalised nearer to the departure date but the trip is based around meeting our partner Cheka Sana to join their outreach team on the streets, visit their day centre and accommodation, and experience their long-term family reintegration work.
- Cheka Sana will explain their model of work with young people, you'll get to know their staff team, and gain an understanding of the realities and challenges children face on the streets. We will also take a day-trip to experience some of the incredible national parks which sit right on Mwanza's doorstep.
- Our aim for this trip is to support groups of young women, and girls in particular, whose lives on the streets are extremely challenging. Cheka Sana's vital work helps them unlock their potential, and overcome the barriers they face which can seem challenging and immovable.

Can I have a single room?

Yes, at an additional cost of £120 to cover the single supplement charged by the accommodation providers.

What is the time difference?

Tanzania is 2 hours ahead of BST in July/August.

What will the accommodation be like?

We will stay in a comfortable tourist hotel near to Cheka Sana's base.

And the food?

- We will be eating in a wide variety of places, which will be recommended to us by our local partners.
- Breakfast will be in the hotel each morning.
- An upset stomach is not uncommon when travelling. You should reduce the chances of suffering one by thoroughly washing your hands and using anti-bacterial hand gel before and after meals.

Can I drink the water?

- It is essential that you stick to bottled water, which is widely available, at all times during the trip, even when cleaning your teeth.
- Don't have ice in drinks.
- It is important to avoid becoming dehydrated so make sure you have enough water to drink; we will make sure there are enough toilet stops when travelling.

Do I need any inoculations?

- You should make an appointment with your GP surgery 6 weeks prior to the trip for individual medical advice.
- A general overview of specific advice and requirements for Nicaragua can be found [here](#).

Do I need a visa?

- All British passport holders need a tourist visa to enter Tanzania.
- You should get one from the [Tanzania High Commission](#) in plenty of time before the trip.
- The current cost is \$50.
- If you are not a British National, you will need to check the entry requirements for your passport.

What will the weather be like?

- Hot! It will be around 30 degrees C during the day and will drop around 20 at night.
- Make sure you bring a hat and plenty of high factor sun screen. You should also bring insect repellent plus long sleeved shirts and long trousers/skirts to wear in the evenings to minimise insect bites.

What currency do I need to bring? And how much?

- The local currency is the Tanzanian Shilling
- You will need to purchase your Tanzanian shilling in Tanzania.
- You will need enough money to buy your own beverages, alcohol and bottled water plus any souvenirs you wish to purchase.
- There are cash machines in Mwanza but be aware of conversion charges.

Will there be wifi?

Wifi will probably be available in the hotel during the trip.

Mobile phone usage

- Please check the costs of calls, texts and data usage in Tanzania with your mobile phone provider before the trip.
- Ensure you know how to avoid unwanted roaming charges by adjusting your phone settings.

Will it be safe?

- The safety and wellbeing of our groups is always Amos Trust's number one priority. We have a deep and trusting relationship with our local partner.
- Our trips are hosted by our partner, Cheka Sana based in Mwanza. Cheka Sana will arrange all of the local logistics during our trip to Tanzania.
- We are looked after by experienced and knowledgeable local guides who are mindful of safety, weather and road conditions. We keep the itinerary and day-to-day timetable flexible to allow for changing circumstances.
- We will take careful guidance from our local partners and the relevant [UK FCO travel advice](#) before proceeding with the trip.

How fit do I need to be?

- We aim to make our trips as inclusive as possible. The itinerary for this trip includes a fair amount of walking.
- We would suggest you give us a call if you have concerns over your physical fitness to join the trip.

Shall I bring gifts?

Do not bring gifts. The reasoning for this is that it isn't fair if some get and some don't. We've seen gifts given to some but not all provoke bullying and minor violence among children.

Climate Justice and flights

- We are keenly aware of the dilemma of campaigning for climate justice whilst flying groups of supporters around the world to visit our partners.
- Our [environmental impact statement](#) outlines our considered response to this dilemma and confirms our commitment to donate 5% of the total amount that Amos Trust spends on flights each year to our climate justice work in Nicaragua. This meets the bulk of our offsetting costs over the course of a year.
- [Myclimate.org](#) calculates the carbon cost of return flights from London Heathrow for this trip to be 3.2t of CO2 per person for the 16,700km round trip. The offset cost for this is approximately £70.
- The confirmation email you receive when you have submitted your booking form will contain a link to a payment page for you to make a donation towards the carbon offsetting costs of your flights.
 - A £35 donation would match Amos Trust's 5% donation.
 - A £70 donation would fully offset the carbon for your flights.

Consent for photography/filming

Amos Trust is a creative organisation and we love telling stories. One of the ways we do this is through photography and film. There may be an 'official' Amos photographer and/or filmmaker on your trip to help us 'tell the story', so that we can share it with other Amos supporters and new audiences across Amos' print and digital media, including print publications (such as our 'Words of Hope' newspaper), websites, e-marketing, posters, banners, advertising, film, and social media channels.

By confirming that you have read and understood the essential information for this trip:

- You consent to Amos Trust using photographs and/or video recordings, including images of you, to promote our work.
- You understand that images on websites can be viewed throughout the world and not just in the United Kingdom and that some overseas countries may not provide the same level of protection to the rights of individuals as EU/UK legislation provides.
- You understand that some images or recordings may be kept permanently once they are published and be kept as an archive of Amos Trust.

Your rights

If you feel uncomfortable being photographed or filmed while on your trip, please inform the photographer and/or filmmaker and they will happily stop photographing/filming you. If you prefer, simply ask your trip leader to ask the photographer and/or filmmaker on your behalf.

You can ask Amos Trust to stop using any images that you appear in at any time, in which case it will not be used in future publications but may continue to appear in publications already in circulation.

Payments

The due dates for making payments for the trip are as follows:

- Deposit of £400 per person – due on booking (follow the link on the booking form submission confirmation email to make the payment)
- Balance of £400 per person – due by 15 May 2020
- Single supplement of £120 (if applicable) – due by 15 May 2020

Please make sure that your payments reach us on or before the due dates. We will send you email reminders beforehand with links to make payments online with a credit or debit card.

You can also pay by cheque (Payable to Amos Trust and posted to the address below) or phone the office (0207 5882638) during working hours to make a payment over the phone with a credit or debit card.

Cancellation

Cancellation by Amos Trust

If Amos Trust cancels the trip we will issue a full refund of all monies paid by all participants.

Cancellation by participant

If you need to cancel your place on the trip after your participation has been confirmed, please let us know as soon as possible.

Refunds:

- If you have paid your deposit and/or the balance due prior to cancelling your place you will be refunded the amount you have paid up to that date less any non-refundable expenditure Amos Trust has made.

Notes

- Amos will supply evidence of any non-refundable expenditure.
- If Amos is able to fill the space on the trip made available by your cancellation, we may be able to further refund the amount you have paid.